

The Best Marriage Books to Read With Your Partner for a Healthy Relationship

Number 11 will make your toes curl.



By [Sara Stillman Berger](#)

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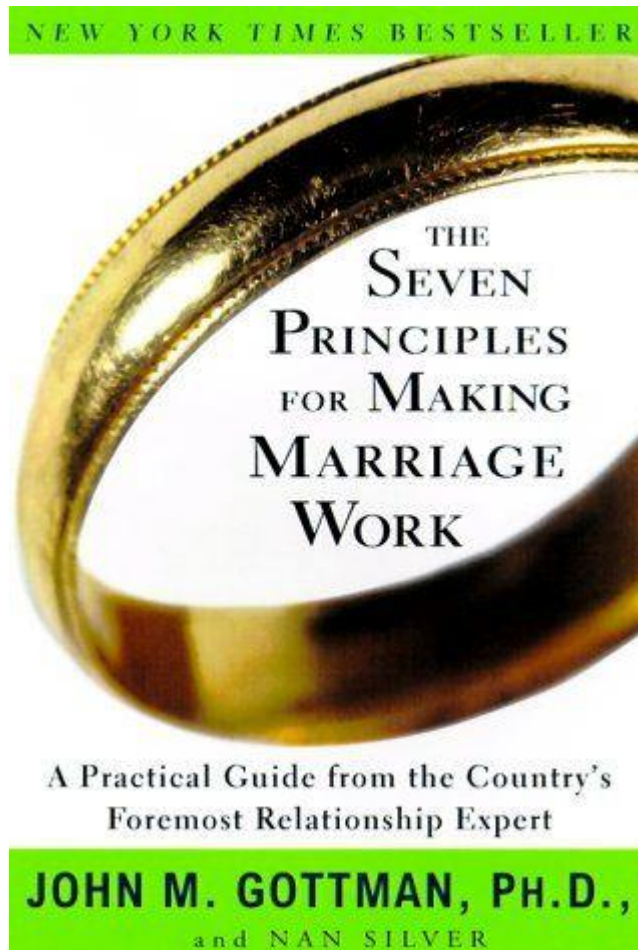


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Whether you and your spouse are at each other's throats or you're simply looking for some guidance, we rounded up the best relationship books to read together—so you can *both* get what you need out of your marriage. From learning to fight the right way to discovering your love

language and taking bedroom skills to the next level, there's a book here for your specific relationship. Pick one to read on your next date night, because even the best marriages can use a tune up.

11 Photos



The Seven Principles for Making Marriage Work by John M. Gottman

[amazon.com](https://www.amazon.com)

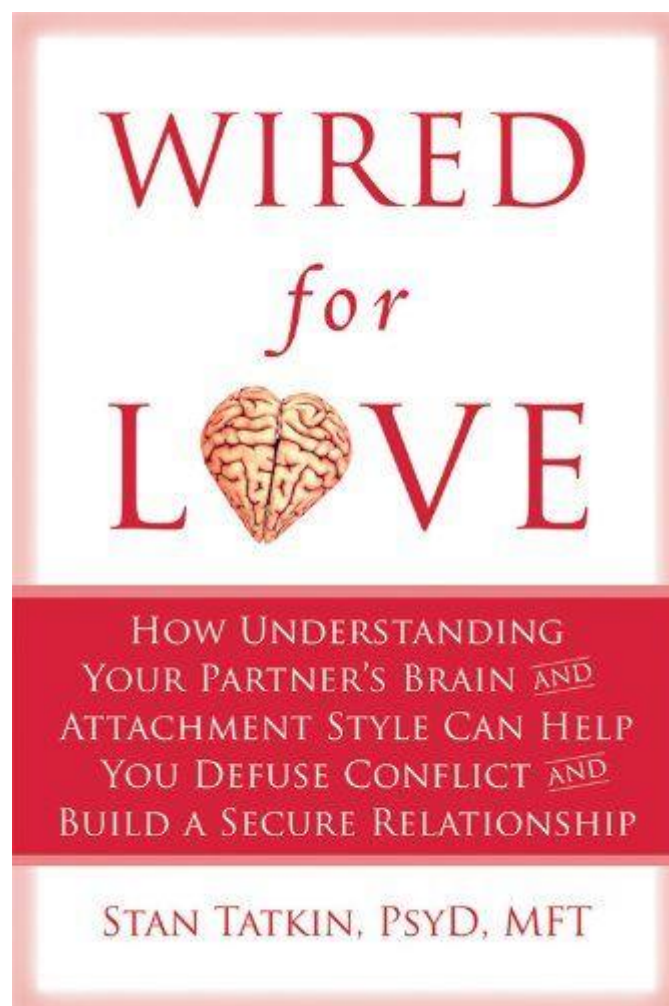
~~\$15.00~~

\$8.70 (42% off)

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Basically any relationship book by Gottman has the approval of couples therapists everywhere, but this one is arguably the best of the best. Gottman has spent his career researching marriage partnerships, and has come up with seven essential strategies to help correct behaviors that cause discord in relationships. It's filled with practical advice, as well as questionnaires and exercises to do with your partner. This insightful book may help you improve your friendships, too.

1 of 11



Wired for Love by Stan Tatkin

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\$16.16

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If you're looking to put out emotional fires before they burn your relationship to the ground, this book is for you. Tatkin uses the latest in neuroscience to explain how our brains are wired for security, attachment and rituals—and employs that to teach couples how to build a “loving brain.” In ten guiding principles, readers will learn to create a lasting partnership with greater love and fewer conflicts.